

## **Abstract**

### **Title:**

The role of the coach in preparation of youth players

### **Objective:**

The aim of my work was to observe 3 coaches of football players in age 11-13, their usage of teaching styles used during training units and success of coaches idea's communication towards to their youth players.

### **Hypothesis:**

Hypothesis 1: I suppose , that coaches will mostly use the direct teaching style

Hypothesis 2: I suppose, that most of the ideas will not be told so precisely towards to the players to be able understand them immediately

### **Methods:**

In my work I used direct and indirect method, structured and opened observation of every single coach and player's reaction to the coaches instruction

### **Results:**

The aim of my work was reached, I successfully collected and evaluated all needed data

Hypothesis 2 => confirmed

Hypothesis 2 => unconfirmed

### **Keywords:**

Coach, teaching style, accurate idea, inaccurate idea